



Localize Me was a healthy twist on Morgan Spurlock's Oscar-nominated *Super Size Me* where 29-year-old former junk food junkie Daniel Fisher ate nothing but healthy, tasty Local Burger food for 30 days. The experiment ran from January 25 to February 23, 2007. The results, below, are astounding.

	weight	blood pressure	pulse	cholesterol	testosterone	insulin
before	295	152/110	76	287	366	12.3
after	276	118/88	64	166	513	5.8

Because of *Localize Me*, Daniel Fisher has adopted a healthier lifestyle, including eating better and exercising (playing football even!) Daniel continues to eat at Local Burger and his health continues to improve.

See for yourself -- watch Daniel's amazing transformation on the *Localize Me* documentary, coming soon!